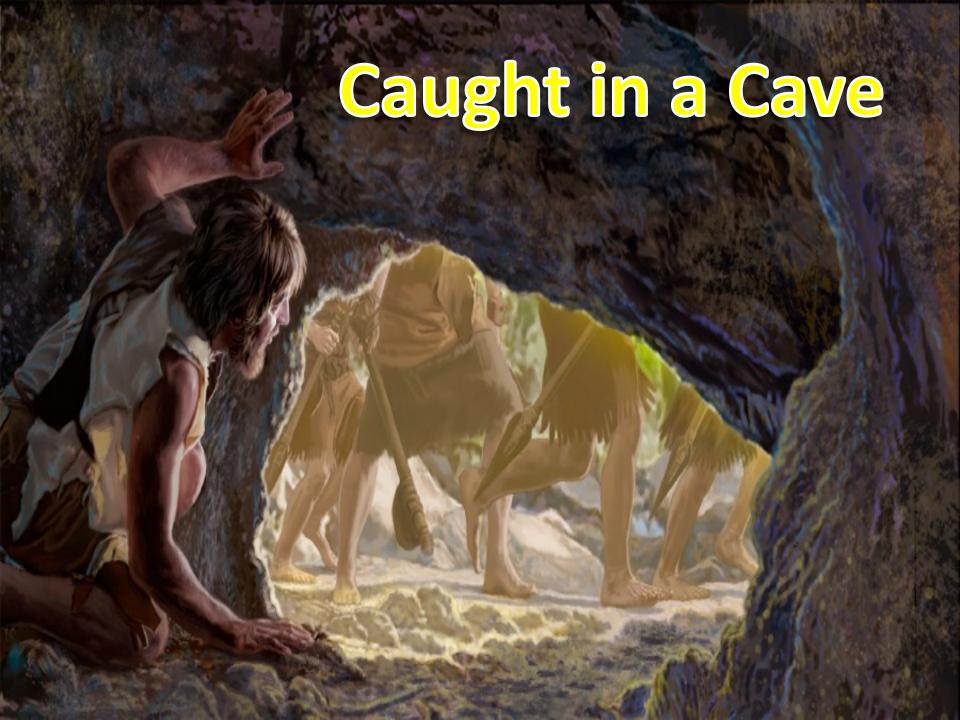
Quote of the week

"The Holy Spirit is in you and He wants out! He is in you like a river, not a lake"

Bill Johnson



Psalm 142: 1-7

I cry out to the Lord; I plead for the Lord's mercy. ²I pour out my complaints before him and tell him all my troubles.3 When I am overwhelmed, you alone know the way I should turn. Wherever I go, my enemies have set traps for me.4 I look for someone to come and help me, but no one gives me a passing thought No one will help me; no one cares a bit what happens to me. ⁵ Then I pray to you, O Lord. I say, "You are my place of refuge. You are all I really want in life. ⁶ Hear my cry, for I am very low. Rescue me from my persecutors, for they are too strong for me. ⁷ Bring me out of prison so I can thank you. The godly will crowd around me, for you are good to me."

The Presence of God is not the place to bypass your emotions, it's where you process them.

The presence of God is where you get permission to pour yourself out.

Psalm 139

1 O LORD, you have examined my heart and know everything about me.2You know when I sit down or stand up. You know my thoughts even when I'm far away. 3 You see me when I travel and when I rest at home. You know everything I do. 4 You know what I am going to say even before I say it, LORD.5 You go before me and follow me .You place your hand of blessing on my head. 6 Such knowledge is too wonderful for me, too great for me to understand!

7I can never escape from your Spirit! I can never get away from your presence! **8** If I go up to heaven, you are there; if I go down to the grave, **a** you are there. **9**If I ride the wings of the morning, if I dwell by the farthest oceans, **10** even there your hand will guide me,

and your strength will support me. 11 could ask the darkness to hide me and the light around me to become night— 12 but even in darkness I cannot hide from you. To you the night shines as bright as day. Darkness and light are the same to you. 13 You made all the delicate, inner parts of my body and knit me together in my mother's womb.

. 14 Thank you for making me so wonderfully complex! Your workmanship is marvelous, how well I know it. 15 You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb. 16 You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed. 17 How precious are your thoughts about me, O God. They cannot be numbered! 18 I can't even count them; they outnumber the grains of sand! And when I wake up, you are still with me!.

Have you ever had your calling in conflict with your circumstance?

David was coming to grips with the reality of his situation.

1. The Reality of Sorrow

2. The Reality of Suffering

3.) The Reality of Seperation

Important to realize that your current reality is an opportunity for revelations to be revealed!

THE REVELATIONS FROM THE CAVE:

- 1.) The Revelation of His Call
- 2.) The Revelation of His Character:

CHARACTER is GREATER THAN CHARISMA!

Failure is an event not a person! "Success builds Character. Failure reveals it"

3.) The Revelation of Commitment

Refreshments of the Cave

1.) Refreshments of His Followers: While David could only see the cave; those who came to him could see the crown

Be careful when you complain because the company that God sends to your cave may not be who you want for your next convention!

What David didn't know was that these same men would be the ones that would bring him to the throne.

- The Refreshment of his Family
- The Refreshment of His Focus
- The Refreshment of His Future

- The Refreshment of Vision: He is called to the Land of Judah
- The Hebrew Name for Judah literally means Thanksgiving or praise.
- It was in the cave and from the cave that David carried the conviction of being King!