


Quote of the Week

We need to hang around people
That pour water on the fires of our
Fears, and throw gasoline on the
Passions of our dreams.”



The

Attitude

of

Gratitude

Luke 5:12-15

“Lord, if You are willing, You can make me clean.” Then He put out His hand and touched him, saying, ‘I am willing; be cleansed.’ Immediately the leprosy left him.”



Leviticus 13 Law Concerning Leprosy

“...then the priest shall isolate the one who has the sore seven days ... has indeed spread on the skin, then the priest shall pronounce him unclean. It is leprosy. ... All the days he has the sore he shall be unclean. He is unclean, and he shall dwell alone; his dwelling shall be outside the camp.”

Luke 17:11-19

“And so it was that as they went, they were cleansed. And one of them, when he saw that he was healed, returned, and with a loud voice glorified God, and fell down on his face at His feet, giving Him thanks. And he was a Samaritan

”

...



*“... So Jesus answered and said,
“Were there not ten
cleansed? (katharezo:— to
cleanse) But where are the nine?
Were there not any found who
returned to give glory to God
except this foreigner?” And He said
to him, “Arise, go your way. Your
faith has made you well (sozo:—
save, to keep safe, rescue, restore
health).”*

Hebrews 11:6

“But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him.”



Romans 1:21 (NLT)

“Yes, they knew God, but they wouldn’t worship him as God or even give him thanks. And they began to think up foolish ideas of what God was like. As a result, their minds became dark and confused.”



Cicero who lived in Rome between 106 – 43 BC said that, "gratitude is not only the greatest of the virtues but the parent of all others".



Two psychologists, Michael McCollough of Southern Methodist University in Dallas, Texas, and Robert Emmons of the University of California at Davis, wrote an article about an experiment they conducted on gratitude and its impact on well-being.



Dr. Robert Emmons

“A practice of gratitude raises your ‘happiness set-point’ so you can remain at a higher level of happiness regardless of outside circumstances.”



Colossians 3:17

“And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him.”



Ephesians 5:19

“Sing and make music in your heart to the Lord, always giving thanks to God the Father for everything.”



Philippians 4:5-7

“Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; ... and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”



Psalm 100:4-5

“Enter into His gates with thanksgiving, And into His courts with praise. Be thankful to Him, and bless His name. For the Lord is good; His mercy is everlasting, And His truth endures to all generations.”



Psalm 67:5-6

*“May the nations praise you, O God. Yes, may all the nations praise you. **Then** the earth will yield its harvests, and God, our God, will richly bless us.”*



Psalm 69:30

“I will praise the name of God with a song, and will magnify him with thanksgiving.”



Psalm 50:23 (AMP)

“He who brings an offering of praise and thanksgiving honors and glorifies Me; and he who orders his way aright [who prepares the way that I may show him], to him I will demonstrate the salvation of God.”



Thanks (**eucharistia**):--gratitude; expressions of grateful language to God as an act of worship, thankfulness, giving of thanks, thanksgiving.

Thanksgiving (**towdah**):-- to express visible thanks or adoration to God by extending the hands to God in reverence, coupled with offering a sacrifice of praise to God through audible confessions of thanks.

What you appreciate, appreciates!

What you don't appreciate ...
depreciates!

Appreciate:— to be grateful or
thankful for. OR to raise or
increase in value.

Spouse - Job - Pastor - Kids



Sonja Lyubomirsky Professor of Psychology at the University of California Author of [“The How of Happiness,”](#) a book of strategies backed by scientific research that can be used to increase happiness.

“One characteristic of the happiest people is that they are comfortable expressing gratitude for all they have”.

Jesus exercised thanksgiving.

John 6:11

“...when he had given thanks, he distributed to the disciples...”

John 11:40-43

“...Then Jesus looked up to heaven and said, Father, thank you for hearing me...”



Paul and Silas ... Thanksgiving

Acts 16:25-26

“But at midnight Paul and Silas were praying and singing hymns to God, ... Suddenly there was a great earthquake, so that the foundations of the prison were shaken; and immediately all the doors were opened and everyone’s chains were loosed.



5 Gratitude Observations

1. Gratitude Is Never Invisible

No expression is a heart problem.

Luke 6:45

“For out of the abundance of the heart his mouth speaks.”



2. Gratitude Sustains Joy And Blessings

Unforgiveness and bitterness repeats the offence.

Thanksgiving in everything repeats and accelerates joy.



3. Gratitude Begins Where The Sense Of Entitlement Ends

Wish I got paid by cash and not direct deposit.

Failure to be grateful is at the root of the fall of man.

Is that all there is?



- Steven Furtick
“Your sense of gratitude ends where entitlement begins... You cannot be grateful for something you feel entitled to.”
- “Understand that gratitude does not change your experience, but rather gratitude changes your perception of your experience.” Steven Savage

4. Grateful People Can Always Find Or Enlarge Blessing

Some spin gold out of every situation ... others not so much.

My situation doesn't have to improve for my gratitude to increase.



5. Gratitude Increases Favour and Creates Opportunities

Joseph never complained about
the negative things he went
through. **Prison to Palace!!!**



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WHAT IS JESUS DOING?

He already did it

